



Serving the communities of Cold Spring Harbor, Laurel Hollow & Lloyd Harbor | September / October 2021

## PUMPKIN DECORATING CONTEST

**MAIN STREET**  
Nursery | Florist | Landscapes

Submit a pumpkin for the library's Second Annual Pumpkin Walk! Pumpkins can be decorated however you choose. Get creative! Visit Main Street Nursery and bring your

newsletter for 25% off one pumpkin to be submitted to our contest. Drop off your finished pumpkins at the library between Monday, October 25 and Thursday, October 28. Votes may be cast on Halloween from 10:00am to 1:00pm. The top three winners will be announced at 1:30pm and will receive prizes. Teens who submit pumpkins may be eligible for one hour of community service credit. Registration required; please register your pumpkin before delivering.

## Library Hours

Monday – Thursday, 9:30am – 9:00pm  
Friday & Saturday, 9:30am – 5:00pm

Sunday hours will resume on September 12.

THE LIBRARY WILL BE CLOSED  
Monday, September 6 (Labor Day)

## Library Board Meetings

All are welcome.

Monday, September 13, 7:00pm  
Monday, October 4, 7:00pm

## Contact Us

Website: [www.cshlibrary.org](http://www.cshlibrary.org)  
Phone: (631) 692-6820  
Fax: (631) 692-6827

## PUMPKIN WALK

Saturday, October 30, 10:00am-12:00pm



Stroll through our outdoor Pumpkin Walk! Light refreshments/trick-or-treating will be provided.

## AUTHOR TALK: ESPIONAGE & ENSLAVEMENT IN THE REVOLUTION

Tuesday, October 26, 5:00pm **\*In-Person Event**

Join author Claire Bellerjeau for a talk about her new book, *Espionage and Enslavement in the Revolution: The True Story of Robert Townsend and Elizabeth*. In January 1785, a young enslaved woman from Oyster Bay named Elizabeth was put on board the *Lucretia* in New York Harbor, bound for Charleston, where she would be sold to her fifth master in just 22 years. You will hear much more about this riveting work and learn about the history involved! Limit: 25.

## CSH LIONS CLUB ANNUAL FISHING DERBY Sunday, September 19

Open to children up to and including 16 years old. Awards and refreshments! Registration will be from 10:00am to 12:00pm at Seafarer's parking lot, West Main St. (25A), Cold Spring Harbor. Weigh-in starts at 3:30pm. The entry fee is \$15; proceeds benefit the CSH Library Children's Department and the Guide Dog Foundation. For more information, email [cshlions@gmail.com](mailto:cshlions@gmail.com) or call (516) 241-0761.

## Follow Us On Social Media



# Letter

from the Director

Dear Residents,

As fall arrives, we are offering a wide variety of programs for all ages. Please review this newsletter to find a program that will be of interest to you or your family.

For our teens going back to school, we offer several community service opportunities. Please see page 4 to find the right one for you.

Our free Museum Pass program can provide you with enjoyable and educational experiences at several museums on Long Island or in Manhattan. Be sure to reserve your pass today!

I look forward to seeing you at the Library!

Sincerely,  
Dr. Roger Podell  
Executive Director

## SIGNATURE EVENT

LIFE IN PARAGRAPHS MEMOIR WORKSHOP  
Three Wednesdays, October 6, 13 & 20, 7:00-9:00pm

Whether you would like to create a gift for your family or a published memoir, this workshop will offer an easy way to preserve and share your memories. Through simple writing exercises, author Debby Peoples will help you to transform your life experiences into creative works of nonfiction, one paragraph at a time. Please register by October 5 to receive the Zoom program link. Limit: 10.



## DONATION DRIVE

SEPTEMBER – OCTOBER CLOTHING DRIVE

Drop off fall and winter clothing for our donation bin in the lobby throughout September and October. This clothing will be donated to the Helping Hand Rescue Mission in Huntington Station to benefit underserved families in the area and keep them warm in the chilly weather.

See our online calendar for more details on what to donate.



# Children's Programs

*Registration with a Cold Spring Harbor Library card is required and ongoing for all programs.  
For all online events, a link will be emailed to you the day of the program.*

## TAKE-HOME CRAFTS

Register online for your kits. New kits will be available at the beginning of the week. Kits not picked up by Wednesday will go to a wait-listed child. Save the planet! If possible, please return your bags so they can be reused after being quarantined.

**For kids in grades K-5**

Tuesday, September 7 – Pine Cone Bird Feeder  
Monday, October 4 – Mummy Jar

**For children ages 2-5**

Tuesday, September 7 – Paper Plate Owl  
Monday, October 4 – Pumpkin Wall Hanging

## GRAB & GO CRAFTS

**For children of all ages**

Available at the Circulation Desk while supplies last!  
No registration required.

### APPLE TREE

September 1 through the end of the month. Pick up a kit to create your very own Apple Tree!

### SPOOKY TREE SCENE

October 1 through the end of the month. Pick up a kit to create your very own Spooky Tree Scene!

## In-Person Programs!

### BACK TO SCHOOL STORY & CRAFT

Thursday, September 2, 10:30am

**For children ages 2-5 with adult**

Join Miss Lisa for a fun storytime and craft!

### MOVIE ON THE LAWN: BABE

Thursday, September 2, 7:45pm

**For children of all ages and their families**

Come down to the library and watch Babe on the big screen! Snacks will be provided.

### BACK TO SCHOOL APPLE PENCIL HOLDER

Monday, September 13, 4:30pm

**For children in grades K-5**

Create a fun pencil holder that looks like an apple using mason jars and paint!

### ADVENTURES IN ART: CEZANNE'S APPLES

Tuesday, September 14, 4:30pm

**For children in grades K-5**

### AFTERNOON ART: APPLE PRINTS

Friday, September 24, 3:30pm

**For children of all ages**

Create your very own art using apples and paint!

### PAPER BAG MONSTERS

Tuesday, October 5, 2:00pm

**For children ages 2-5 with adult**

Create your very own monster puppet!

## LITTLE SCIENTISTS

Monday, October 11, 2:00pm

**For children ages 2-5 with adult**

## MONSTER WREATH

Monday, October 11, 4:30pm

**For children in grades K-5**

Create a not-so-spooky wall decoration!

## ADVENTURES IN ART: MAKE A METAL SCULPTURE

Wednesday, October 13, 4:30pm

**For children in grades K-5**

## SPOOKTACULAR STORY & CRAFT

Tuesday, October 19, 10:30am

**For children ages 2-5 with adult**

Join Miss Lisa for a fun, spooky storytime and craft!

## TRICK OR TREAT BAGS

Wednesday, October 20, 4:30pm

**For children in grades K-5**

Thursday, October 21, 2:00pm

**For children ages 2-5 with adult**

Create your very own trick or treat bags!

## AFTERNOON ART: PAPER PLATE MONSTERS

Friday, October 22, 3:30pm

**For children of all ages**

Create your very own monsters out of paper plates!

## MAKE A LIFE-SIZED SCARECROW

Sunday, October 24, 1:30pm or 2:30pm

**For children of all ages and their families**

Create your very own scarecrow to display outside your home! Please bring old clothes to stuff!

## RICE KRISPIES TREAT MONSTERS

Monday, October 25, 4:30pm

**For children in grades K-5**

Decorate delicious Rice Krispies treat monsters to take home.

## HALLOWEEN PARADE

Friday, October 29, 11:00am

**For children ages 2-5 with adult**

Wear your costumes and trick or treat at the library!

## Online Programs!

### COOKIN' WITH MISS ALLISON

Friday, September 10, 4:00pm – Back to School Treats

Friday, October 8, 4:00pm – Spooky Sweets

**For children in grades K-5**

Join Miss Allison and make some delicious treats. Zoom link and ingredient list will be sent out before the program.

### GRAPHIC NOVEL BOOK CLUB

Monday, October 18, 7:00pm

**For children in grades 3-5**

Join Miss Jackie for a book discussion. Stop by the library and pick up a copy of the book to keep.

# Storytimes

Monday, September 20 – Friday, October 15

Monday, October 25 – Friday, November 19

## MOTHER GOOSE TIME

Tuesdays & Wednesdays, 10:30am

For children 6-24 months with adult

Enjoy sharing rhymes, songs, and movement with your child.

## TODDLER TIME

Thursdays & Fridays, 10:30am

For children ages 2 & 3 with adult

A beginning storytime filled with more advanced stories, songs, fingerplays, movement, and crafts.

## COUNTDOWN TO KINDERGARTEN

Tuesdays, September 7 &

October 26, 4:00pm

For preschool children ages 4 & 5

Your child's first independent storytime.

45 minutes of art, stories, music, crafts, and fun.

## FOR TEENS & TWEENS

### TEENS & TWEENS

FOR KIDS IN GRADES 5-12

#### ONLINE: SAT PREP WITH PROJECT EXCEL

Wednesdays, September 22-

December 15, 6:00-7:30pm via Zoom

For teens preparing for the SAT.

Join this multi-week course to hone your skills and prepare for the SAT.

This program is in collaboration with the Huntington Zone libraries.

#### HALLOWEEN TRIVIA

Monday, October 18, 7:00pm

Compete with fellow teens in some spooky trivia about movies, books, history, and more! Prizes will be gift cards to Sweeties in Huntington.

#### SUGAR SKULLS

Wednesday, October 20, 7:00pm

Come to the library and decorate a colorful paper-mache sugar skull.

#### GRAPHIC NOVEL BOOK CLUB: ANYA'S GHOST

Monday, October 25, 7:00-8:00pm

Grades 7-12 suggested

Get your FREE COPY (you will be alerted when available) of *Anya's Ghost* by Vera Brosgol. Read the book and attend the program with our librarian Mr. Pete. Enjoy snacks and discuss this spooky graphic novel! You may submit a review online to receive community service credit.

#### CHESS CHAMPIONS

Thursday, October 28, 6:00pm

Test your chess skills in this competition against fellow teens. First and second place winners will receive gift cards to Main St. Board Game Cafe.

#### COMMUNITY SERVICE OPPORTUNITIES

FOR TEENS IN GRADES 7-12

Check our website for an updated list of events.

#### BOOK REVIEWS RESUME

Our Book Review opportunity is back. Submit your reviews on our website via Google Forms. Reminder: reviews must be of a book written within the last five years, must be written for Young Adults, and not be part of the school curriculum.

#### VOLUNTEER ORIENTATIONS

Thursdays, September 2, October 7 & 21, 6:30pm

Newcomers to the teen library volunteer program will get an overview, introductory folder, and information on some upcoming volunteer opportunities.

#### TAKE-HOME SERVICE CRAFT

Mondays, September 13 & October 4, 9:30am, pickup at Circulation Desk

Complete a community service craft at home. See our online calendar for details. Earn up to 2 hours of service credit. Holds last until Wednesday at noon.

#### GREAT GIVEBACK

Saturday, October 16

Give back to the community! Check our online calendar for the all-day slate of community service events. Long Island libraries will be participating.

#### TEEN LIBRARY COUNCIL

Thursday, October 21, 7:00pm

Earn 1 hour of community service credit meeting with peers to discuss library programs, collection development ideas, and overall feedback about being a teen at the library! Make your opinion known.



# ADULT & INFORMATION SERVICES

Register for adult programs at the Circulation Desk, online, or by phone at (631) 692-6820.

## Programs for Adults

Programs will be held online via Zoom unless indicated an "In-Person Event." Register for online programs by 10:00pm the evening before in order to receive meeting links. Please log on 5-10 minutes before the start of the program. If you would like to receive weekly emails about our events for adults, email [programs@cshlibrary.org](mailto:programs@cshlibrary.org).

### MEDITATION WITH LINDA CAFIERO

Thursdays, September 2 & 16 and October 7 & 21, 3:00pm

Come for a relaxing half hour of guided meditation.

### GREAT GRANDMA BARRETT WAS A SHINING WOMAN: NYC RADIUM DIAL PAINTERS & INDUSTRIAL DISEASE

Thursday, September 2, 7:00pm

Local historian Erin Becker will speak about radium dial painting on Long Island and in New York City.

### PAPER SHREDDING

Saturday, September 4, 9:30am-12:30pm

Bring two or three boxes of your papers and have them properly disposed of by a professional shredding company.

### TOM & JESSE TALK MOVIES

Wednesdays, September 8 & 22 and October 13 & 27, 3:30pm

In September, we'll focus on Tommy Lee Jones in *The Hunted* & *Natural Born Killers*, followed by a horror-themed October where we'll discuss the 1982 films *The Thing* & *Videodrome*. Join live or watch later on our YouTube channel.

### TAKE-HOME CRAFT: DIY SEA GLASS TERRARIUM

Saturday, September 11, 9:30am-5:00pm

Design your very own decorative sea glass terrarium! Advance registration required. Please pick up your kit by Monday 9/13. Limit: 14.

### A WRITER'S WORKSHOP

Ten classes, choose either Monday afternoons,  
September 13-November 22 (No class 10/11), 1:00-3:00pm OR  
Tuesday evenings, September 14-November 16, 7:00-9:00pm

Through instruction, story prompts, and gentle critiques, author and publisher Debby Peoples will help you hone your skills and gain confidence in your writing ability. Fee: \$120, payable by credit card. Limit: 9 per session.

### PLANT YOURSELF: UNDERSTANDING PLANT-BASED NUTRITION

Wednesday, September 15, 6:00pm

Demystify whole-food, plant-based eating, and make a positive impact on your health.

### CHRONIC PAIN SOLUTIONS

Tuesday, September 21, 3:00pm

Join Physical Therapist Shaden Ghattas, and learn why chronic pain is such a problem and what you can do to feel like your best self.

### UNDERSTANDING ALZHEIMER'S & DEMENTIA

Thursday, September 23, 3:00pm

Learn basic information on the difference between Alzheimer's and dementia, stages, risk factors, research, and FDA-approved treatments. Presented by the Alzheimer's Association.

### FIRE ISLAND: ICE TO PARADISE

Wednesday, September 29, 7:00pm

Gain an appreciation of the geologic processes that formed the island, the ecological processes that populated it, and some of the key issues facing Fire Island now and in the future. Limit: 20.

### HAUNTED LONG ISLAND MYSTERIES

Wednesday, October 6, 7:00pm \*In-Person Event

Award-winning author and historian Kerriann Flanagan Brosky, along with medium/paranormal investigator Joe Giaquinto, will delight their audience with tales of their ghostly adventures which weave local history with the spiritual realm. Limit: 25.

### NORTHWELL HEALTH LECTURE: INTRODUCTION TO UNCONSCIOUS BIAS

Thursday, October 7, 7:00pm

Find out how unconscious bias impacts our interpretation of the world around us from Dr. Penny Stern of Northwell Health, and learn how to apply new strategies for practicing more conscious awareness. Limit: 25.

### THE GOLDEN RULE FOR LIVING TODAY

Monday, October 11, 2:00pm \*In-Person Event

Historian Tom O'Reilly, PhD, will discuss the Golden Rule and its relevance for living in a conflicted and self-absorbed social media society. Limit: 25.

### 21ST CENTURY MEDIA: BURSTING THE NEWS BUBBLE

Wednesday, October 13, 7:00pm

The Long Island Media Task Force will explore the historically changing journalism business models, as well as the impact of technology, the role of government, and the rise of social media on journalism. Limit: 15.

### SMARTER SOCIAL SECURITY

Thursday, October 21, 7:00pm \*In-Person Event

People who are married or who have ever been married might not be aware that Social Security spousal benefits are available to them. Daniel Mazzola, CFA, CPA, will provide a broad overview of the Social Security program as it pertains to retirees and their beneficiaries, while emphasizing spousal and survivor benefits. Limit: 25.

### POSITIVE PSYCHOLOGY: FINDING YOUR HAPPINESS

Friday, October 22, 3:30pm \*In-Person Event

Learn new ways of thinking and behaving that will make your life happier, like expressing gratitude, setting life goals, and random acts of kindness. Make small changes now that will help you to live a more positive and resilient lifestyle. Limit: 25.

### WHAT'S NEW TO MEDICARE IN 2022 AND BEYOND

Wednesday, October 27, 7:00pm

Join this important Medicare educational presentation with Senior Services Specialist Cindy Goldsher. She will discuss new laws and how they affect you. There will be a review of Medicare Basics, Medicare Advantage plans, and which new benefits are approved by Medicare for 2022.

## Book Discussions

### HEART OF THE HARBOR

Thursdays, 7:00pm

Looking to join a lively book discussion group? Join librarians Carolyn and Scott on Zoom to explore different books each month. Check the library's online calendar for details on the titles we will be discussing! Books will be available at the Circulation Desk.

September 9 – Fun Fall Titles Book Swap. Bring a title or two to share!

September 23 – Discussion of *Casino Royale* by Ian Fleming.

October 7 – Poetry Night. Come to share, listen, and learn!

October 21 – Discussion of *The Guest List* by Lucy Foley.

Non Profit Organization  
U.S. Postage Paid  
Permit #8  
Cold Spring Harbor, NY

Cold Spring Harbor Library  
95 Harbor Road  
Cold Spring Harbor, NY 11724



# Classes for Adults

## Fitness Classes

Register online with a credit card. Fees are nonrefundable. All classes will be held online via Zoom. Register by 10:00pm the evening before in order to receive the meeting links. Please log on to the meetings 5-10 minutes before the start of the program.

### TAI CHI

**Fridays, September 3-October 22, 10:00am**

A low-impact, slow-motion, gentle exercise program taught by Linda Cafiero. Please have a wall, sturdy chair, and a mat available during class. Fee: \$60.

### CHAIR YOGA

**Mondays, September 13-October 25, 10:30am**

Nav Bal will lead this class designed to improve your strength and flexibility, using a chair to provide stability and safety. Fee: \$50.

### YOGA FOR ALL LEVELS

**Wednesdays, September 8-October 27, 10:00am**

A certified and experienced instructor, Nancy Kelly modifies her teaching to match each student's abilities. Please have a yoga mat and a blanket or cushion available. Fee: \$60.

### FITNESS FUSION

**Mondays, September 13-October 25, 7:00pm**

Taught by Dorothy Mandrakos, Fitness Fusion will introduce you to the healing arts of Qigong, yoga, and meditation. Please have a wall, sturdy chair, and a mat available during class. Fee: \$50.

## Computer Classes

All classes will be held online via Zoom. Register by 10:00pm the evening before in order to receive the meeting links. Please log on to the meetings 5-10 minutes before the start of the program.

### SIGNATURE EVENT: INTRODUCTION TO COMPUTERS SERIES

#### Introduction to Microsoft Word

**Tuesday, September 7, 6:00pm**

Learn the basics of word processing, including how to create, save, and edit documents. Limit: 12.

#### Introduction to Microsoft Excel

**Tuesday, September 14, 6:00pm**

Learn the basics of the world's most popular spreadsheet program and become comfortable with the Excel interface. Limit: 12.

#### Introduction to Microsoft PowerPoint

**Monday, October 4, 6:00pm**

Learn how to create and present a basic presentation with animation. Limit: 12.

#### Google Docs

**Monday, October 25, 6:00pm**

We will explore elements of word processing using Google Docs. You must have a Gmail email address in order to take this course. Limit: 12.

## BOARD OF TRUSTEES

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